

Local Initiatives



Harvest of the Month

The Maine Harvest of the Month (HOM) is a campaign that helps to promote the use of seasonally available, local products in schools, institutions, and communities. The program, which highlights a different Maine product each month, aims to provide students with local and healthy produce, while supporting Maine's farmers and producers. RSU 22 highlights two menu items at each school monthly featuring the HOM ingredients. Look for the logo on the monthly menus.

RSU 22 School & Community Gardens

Produce is utilized from our school gardens as available on our salad bars and in menu items.

Maine's Harvest Lunch Week

Maine's annual harvest lunch week is in September and promotes fresh, local food in school cafeterias and teaches our children and youth where food comes from – including local farms, gardens and greenhouses.

Applefest

Every fall we highlight a variety of Maine apples including displaying the varieties and offering sampling. Orchards include Hillcrest, SAD 1, Presque Isle, Rowes, Cooper and more!

Maine Day

Maine's Birthday is celebrated every March at Weatherbee School. The School Nutrition Department features a Maine Luncheon.



Farm to School Cook Off 2019

Evan Preston, student at Reeds Brook Middle School and Kathy Kittridge, RSU # 22 School Nutrition Director participated in the Maine School Nutrition Farm to School Cook Off on March 26, 2019 at Eastern Maine Community College. During the competition each team prepares a breakfast and lunch meal within a specific time frame using at least two ingredients that are grown, raised, caught, or manufactured in the State of Maine and meet National School Breakfast and Lunch Program requirements as well as one USDA food. Local black beans and apples will be used as challenge ingredients. Evan and Kathy as team Rebelicious, placed second in the competition serving a breakfast of baked apples, yogurt and granola and for lunch Tex Mex bake with corn tortilla chips and mango salsa.



Maine Local Producers featured in RSU 22 school meals

Albie's of Maine, Hampden
 Backyard Farms, Madison
 Fisher Farm, Winterport
 Hillcrest Orchard, Winterport
 Rowe Orchards, Newport
 Green Thumb Farms, Fryeburgh
 Oakhurst Dairy, Portland
 Brick Oven Bangor Rye Bakery, Bangor
 Cooper Farms, West Paris
 Community Harvest, Thorndike
 MSAD 1, Presque Isle
 Chase Stream Farm, Monroe

Milk House, Monmouth
 Peacemeal Farms, Dixmont
 SpringWorks, Lisbon
 Smith Packing Co., Presque Isle
 Pineland Farms, Bangor
 Wyman's of Maine, Milbridge
 Souder Station, Winterport
 Aurora Mills, Linneaus
 Ripley Farm, Ripley
 The Apple Farm, Fairfield
 Advance Pierre, Portland
 McCain Foods, Easton



FISHER FARM
 Winterport, Maine